



Waupaca County

Department of Health and Human Services

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Waupaca County Senior Nutrition Programs **A Look into Two Programs and a Request for Community Input.**

According to the 2011 Wisconsin Aging Network Manual the purpose of the Senior Nutrition Program is to reduce hunger and food insecurities; promote socialization of older individuals, and promote the health and well-being of older individuals by assisting such individuals to gain access to nutrition and other disease prevention and health promotion services to delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior. Waupaca County DHHS supports the nutritional needs of seniors through two separate programs: 1. Congregate dining which is also known as senior dining and 2. the home delivered meal program.

Congregate (Senior) Dining Sites	Home Delivered Meals (HDM)
<p><u>7 Senior Dining Locations:</u> Clintonville, Iola, Manawa, Marion, New London, Waupaca, Weyauwega. 6 sites serve meals M-F. Weyauwega serves meals on T-W-TH.</p>	<p>Meals delivered <u>county wide</u> Monday- Friday</p>
<p><u>Service Requirements:</u></p> <ul style="list-style-type: none"> • Serve meals five or more days per week in <i>at least one</i> dining center. • Suggest a voluntary donation amount per meal. 	<p><u>Service Requirements:</u></p> <ul style="list-style-type: none"> • Deliver meals 5 or more days a week. • Suggest a voluntary donation amount per meal.
<p><u>Program Eligibility:</u></p> <ul style="list-style-type: none"> • Aged 60 or older. • Spouse or domestic partner attending with eligible participant. • Adult younger than 60 who has a disability and resides with eligible participant(s). 	<p><u>Program Eligibility:</u></p> <ul style="list-style-type: none"> • Aged 60 or older who are homebound. • Spouse or domestic partner of eligible HDM participant. • Adult who has a disability and resides with eligible HDM participant. • In-home eligibility assessment required.

Congregate (Senior) Dining Sites	Home Delivered Meals
<p>Funding: Combination of Federal and State dollars, donations and local tax dollars.</p> <p>2018 program budget</p> <ul style="list-style-type: none"> • Federal & State dollars = \$116,701 • Donations = \$62,048 • Local Tax dollars = \$50,522 	<p>Funding: Combination of Federal and State dollars, donations and local tax dollars.</p> <p>2018 program budget</p> <ul style="list-style-type: none"> • Federal & State dollars = \$133, 292 • Donations = \$72,838 • Long-Term Care Revenue = \$80,167 • Local Tax dollars = \$118,072
<p>2018 Program Data:</p> <ul style="list-style-type: none"> • 21,394 total senior meals served. • 517 individual eligible participants served. • 82% of diners ate less than one per week • Site participation varies from 33 – 148 unique individuals annually. • Average cost per meal = \$10.72. • Range per meal cost by meal site = \$7.44 - \$16.84. • Average meal donation amount = \$ 2.90. • Suggested meal donation amount = \$ 4.25. • Participation decreased by 9,000 meals over the last 5 years. 	<p>2018 Program Data:</p> <ul style="list-style-type: none"> • 49,066 total HDM meals served. • 397 individual eligible participants served. • Average cost per meal = \$8.24. • Range per meal cost by distribution site = \$6.92- \$14.68. • Average meal donation amount = \$ 1.80. • Suggested meal donation amount = \$4.25. • Participation increased 5,500 meals over the last 5 years.

We would love to hear from you

The aging population in Waupaca County continues to grow. An increased need for home delivered meal service as well as decreased participation in congregate “senior dining” has been recognized. Overall Nutrition Program participation has decreased by 5% in the last 5 years while in that same time period the local tax dollar contribution as increased by **90%**. In order to maintain the current level of service an additional **\$87,000** of unbudgeted local tax dollars will be needed in 2019. To help us learn how to best meet the nutritional needs and desires of the Seniors throughout the County while planning for a sustainable nutrition program, please follow this link to answer these 6 simple questions:

<https://www.surveymonkey.com/r/JP8GMXR>

1. Have you or a loved one eaten at a senior congregate dining site?
2. If yes, which site?
3. Do you or a loved one have an interest in eating at a senior congregate dining site?
4. If yes, which site?
5. Have you or a loved one received Home Delivered Meals?
6. Do you or a loved one have a future interest in the Home Delivered Meal Program?

Or email your responses to wcdhhs@co.waupaca.wi.us

Want to support the Waupaca County Nutrition Program?

Are you a local business who wants to support the Nutrition Program? Contact DHHS to learn more about program sponsorship. The nutrition program also accepts donations from local community members. Consider donating today to support the nutritional needs of homebound seniors in Waupaca County.