

## School District of Manawa Fitness Center Rules

Welcome! We are happy to provide you the use of the District's Fitness Center. In order to keep the Fitness Center in quality condition, the following rules have been established for all authorized users.

- All patrons must complete a training program on how to use the fitness equipment. The purpose of the training is to ensure that the equipment is being used properly to prevent injuries.
- Adult patrons must sign the *Fitness Center Application & User Agreement* and *Fitness Center Rules*.
- Students in grades 6-12 must sign the *Fitness Center Rules*, and must be supervised by a staff member or trained school volunteer when using the Fitness Center.
- Individuals who have not reached sixth grade are not allowed in the Fitness Center at any time.
- Patrons must sign the "User's Log" each time they use the Fitness Center.
- Member patrons may not provide Fitness Center/building access to non-members or bring guests into the Fitness Center.
- Street shoes (including athletic shoes) are not allowed in the Fitness Center. Patrons **must** change into a clean pair of athletic shoes before using the Fitness Center.
- Appropriate dress must be ensured and maintained in a school environment.
- Patrons can have water bottles in the Fitness Center. No sports drinks or food/snacks are allowed in the Fitness Center.
- No one is allowed to use the Fitness Center during school hours without the consent of the physical education instructor or administration.
- Use of the Fitness Center by physical education classes or athletic teams takes precedence over individual use.
- Patrons agree to follow all Fitness Center rules and supplementary posted rules in the Fitness Center. In addition, student users agree to follow all school policies as outlined in the Student/Parent Handbook and the Code of Conduct.
- Adult patrons using the Fitness Center (those 18 years of age and older) must pay user fees for use of the Fitness Center as established by the District.
- Only students currently enrolled in grades 6-12 in the School District of Manawa are permitted to use the Fitness Center. These students may use the Fitness Center at no cost.
- Locker room services are only available to District school-aged children who are permitted to be in the Fitness Center. The public is asked to use the adult/family changing rooms. Public usage of locker room amenities is not allowed.

I have read these rules and understand them. I agree to follow the rules at all times. I accept liability for my own actions and safety while using the School District of Manawa Fitness Center.

I understand that failure to follow all policies and rules will revoke my Fitness Center privileges. I understand that I will be held financially responsible for any damage I cause to school facilities and/or property.

Patron: \_\_\_\_\_

Date: \_\_\_\_\_